

Process Reflection

In this assignment we were asked to choose an acute complex condition and create a mind map demonstrating the interconnections of risk factors, diagnosis, interventions [including caring science interventions], medications and prognosis. One of the main prompts of the assignment was to exemplify the relational feedback aspects of the processes. This program has given me the ability to view a complex condition such as heart failure from a multitude of perspectives.

The process began for me with listing the many components that make up caring for a patient with heart failure. Then slowly I categorized my thoughts finally linking and making the connections between the several categories. The first mind map I ever created was a test to my patience. Utilizing software to demonstrate and convey my thoughts was challenging. I realized that my mind works to make these connections automatically, but in this assignment I was tasked to explain how these connections interplay with various components. After overcoming how to utilize the software the assignment was less daunting.

This assignment portrays the final revision of my mind map created for Nursing Science III. Some of the course learning objectives met thru completion of this assignment were: Using the unitary caring science model, critically analyze case studies of patients across the lifespan with complex problems and multisystem dysfunction in the continuum of care. Apply principles of evidence-based practice and patient-centered care to patients with complex multisystem dysfunction in the continuum of care.