

Community Assessment Part 2: Photo Essay

Public Health N470

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Cyril Spinelli Elementary School- 3401 Scotland Rd, Antelope, CA 95843



Just before North Border (Antelope) & Adult School

- **Population features (Demographics of city/county such as age, income, race/ethnicity, language, education levels)**

The Windshield Survey location we participated in was in Antelope between the northern border of PFE Rd. and Watt Ave. and the southern border of Elkhorn Blvd. and Watt Ave. The population of Antelope is roughly 46,000. There appeared to be variety of economic class within our two-mile radius as well as ethnicity. At the north east area of Antelope where the meal program was located, the population yielded young, low to working-class families of White, Russian, Ukrainian, and African American ethnicity. Some of the Russian/Ukrainian adults spoke little English. Many of the children however, were bilingual. According to City-Data.com, Antelope consists of 55.9% white, 14.5% Hispanic and 12.3% Asian. The percent of population who have a high school diploma is 91.3% and those who have a bachelor's degree is 20.9%. The median house hold income in the area is \$59,780 (City-Data, 2010).



North Border – PFE & Watt Ave



South Border Watt & Elkhorn Blvd



East Border (Walerga & Antelope Rd.)



West border (Elverta & Rivergreen)

- **Environmental features (Physical Characteristics including public transportation, safety, government, recreation, health & social services, education)**

Public Transportation: There were many bus-stops particularly in the northern part of Antelope which provides convenient and affordable access to transportation. The west part of Antelope consisted of many open fields and farming which is why horseback riding may be a way some get to and from.

Safety: Although we spotted a few police cars on patrol for safety, no police station was noted. According to Neighborhood Scout crime, Antelope has about a 45% crime rate out of 100%, with property crime the majority. A fire station was located near a west-side neighborhood.

Recreation: There are a combination of parks and golf courses in the 2 mile radius. There is also a nice library on the eastern part of Antelope.

Health & Social Services: There were many dental providers in strip malls but no medical care clinics near-by. The closest hospital, Mercy San Juan, is 5 miles away as well as the closest Urgent care clinic.

Education: Education consists of seven elementary schools and five high schools. The closest college is American River Community College which is 5 miles away (City-Data.com, 2018).



Source of transit. Many bus stops in the northern area.



1 of 2 nice Golf Course in West area radius



Fire Department provides safety



Center High School – Near North Border



Large soccer complex with park
(Elverta & Rivergreen)

- **Social/structural determinants influencing health/illness**

According to the World Health Organization, (WHO) “social determinants of health are the conditions in which people are born, grow, live, work and age. These circumstances are shaped by the distribution of money, power and resources at global, national and local levels” (2018).

While interacting with the kids of the Million Meals Program at Dudley Elementary, which is only ranked 4 out of 10 in educational standards, it was evident that many of the children, some elementary age, were home alone while the parent/s worked. It is possible there is no funds for child care and leaving them alone is the only option. The neighborhood surrounding the school looked run down and many homes were unkept. One home had barbed wire fencing around the perimeter. When asking what the kids do all day a majority would reply with “sleep and play video games.” There is no supervision, and a lack of stimulation. There is no one to prepare proper meals and be sure they remain safe. This is a social determinant of health. The child’s environment and foundation in which they are raised plays a vital role in their development mentally, socially and physically.



Abandoned Baby Stroller



Home right by site (piles of trash in yard)



Barbed wiring on residential property

- **Community Strengths**

In the 2 mile radius we surveyed, there were many churches in the community for members to be involved in and obtain support. There is a community center that provides events to the public as well. Gibson Ranch is in the west area of Antelope and often has activities such as arts and crafts, sports, campfires, etc. On the east side there is a very nice library. There are many strip malls and discount shopping centers in the area that are easily accessible.

We happened upon a scene of two older African-American gentleman who appeared to be taking a break from yard work, sitting on the front porch having conversation. This gave a sense of neighborly comradery.



Pond, large park area & Horse Stables



One of many churches in the northern area.



Variety of Discount Stores & Gym



Very nice Library in east area

- **Priority public health concern, deficit or documented problem.**

The main public health concern we noticed was the lack of convenient access to medical clinics or urgent care services in the area. The closest Med 7 is 5 miles away. The closest hospital is Mercy San Juan which is also 5 miles away. This forces people to use emergency services for less emergent needs if transportation is an issue.

Along the Northern and central borders, we found healthy food options to be minimal. The closest grocery store was Walmart which took the place of a boarded-up Food 4 Less. There were some small pop-up fruit stands along the main roads which provides fresh fruits and vegetables, however there is little access to substantial meats and other healthy options. There were also an abundance of fast-food chains and liquor stores which tempts those in the community to make unhealthy choices. This contributes to the 25% diabetes rate amongst adults in the Sacramento county, more than the whole state alone which is 21%. Low-income, pre-school diabetes accounts for 15.4% out of a 17.9% state average (City-data, 2018).



Many Quick stop food & liquor stores



Closed Food 4 less – due to Walmart open



Only store for groceries in the north area



One of many liquor stores all around site

References

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